**GROUP LISTINGS - DO THIS AT NIGHT ON THE MAT. PUT ONTO REPEAT (ENTER TWICE) AND TURN INTENSITY TO 100% (THE ARROW POINTING UP)**

**ACIDOSIS (3h03)**
- Acidosis 30min
- Cell healing 40min
- Lymph drainage 21min
- Colon General 16min
- Fungus and moulds 60min
- Hyperacidity 16min

**ARTHRITIS DAY 1 (2h56)**
- Cell healing 40min
- Rheumatism 16min
- Joint Inflammation 10min
- Osteo bone Rege 48min
- Pain 36min
- Sweep Alpha 7min
- Gout 23min

**ARTHRITIS DAY 2 (2h40)**
- Neuro 60min
- Rheumatism 16min
- Osteitis 10min
- Osteo arthritis 14min
- Arthritis B/spec 01 30min
- Arthritis B/spec 02 15min
- Circulation 60min

**CANDIDA/FUNGI 2h57**
- Alphatoxin 01 - 20min
- Alphatoxin 02 - 20min
- Candida B/spectrum 63m
- Circulation 60min
- Fungus and moulds 60min

**DEPRESSION 2h37**
- Neuro 60min
- Pineal gland 12min
- Energy and Vitality 10min
- Sweep Alpha 7min
- Strongloides 20min
- Hookworms 30
- Trichinella spiralis 20min
- Relaxation 16min

**DETOX 2h13**
- Detox general 14min
- Detox metals 60min
- Detox polutants 14min
- Detox liver 34min
- Detox chemicals 15min
- Circulatory status 15min
- Liver support 19min
- Kidney tonic 24min
- Detox pesticide 14min

**DIABETIC TREATMENT 2h55**
- Diabetes 66min
- Circulation 60min
- Infections Main 51min
- Pancreas 29min
- Detox General 14min

**DENTAL/MOUTH 2h54**
- Dental Foci 59min
- Gum disease Gingivitis 36m
- Infections Main 51min
- Cold sores 36min
- Gum diseases 34min

**ENERGY SURGE 2h53**
- Energy and Vitality 10min
- Epstein Barr virus 42min
- Infections Main 51min
- Range Beta 15min
- Chronic Fatigue 43min
- Circulation 60min

**EYES TREATMENT 2h56**
- Eyesight 16min
- Eye disorders 47min
- Circulation 60min
- Hypoxia 14min
- Eye problems B/spectrum 48min
- Eye stimulation RP 36min

**FLU AND COLD 3h12**
- Flu Broadspectrum 50min
- Infections Main 51min
- Circulatory status
- Cold sores 36min
- Sore throat 40min

**GALLBLADDER 2h51**
- Gall bladder inflam 16min
- Infections main 51min
- Gallbladder pain 15min
- Circulation 60min
- Gallstones 38min
- Gallbladder tonic 16min
- Indigestion 35min

**INTESTINAL/STOMACH 3h11**
- Colon General 01 - 16min
- Colon General 02 - 16min
- Cramps and Nausea 29min
- Detox General 14min
- Ecoli - 48min
- Campylobacter pylori
- Infections main 51min

**PAIN 2h56**
- Pain Short 20min
- Lymphdrainage 21min
- Gout 23min
- Migraine 33min
- Neuralgia 15min
- Neuro 57min
- Sweep Alpha 7min

**PARASITE CLEANSE 2h42**
- Ascaris
- Parasite fluke Gen 36min
- Roundworm
- Tapeworms
- Rapid Response 01 + 02
- Detox general 14min
- Fasciolopsis buski

****If your partner dont have Diabetes, Thyroid and Blood pressure problems - Dont use the mat with the specific treatment regime - it will affect their hormonal levels or blood pressure or sugar levels as well. Rather use the handset instead.
Treatments that are combined under the Main health complaint are listed on this List. You can however change any of these Treatment Groups - and make up Your Own Group for your specific needs, with the use of your computer. This way you can treat yourself on the Group listing during the night while sleeping on the mat. As these are all long treatments we do suggest for you to use the "Mat" while using the group function.

We include the treatment list for you that is currently on the Group list, this will enable you to put the original treatments back onto the Group list at a later stage if need be.